



TRITONE

LUXURY HOTEL THERMÆ & SPA



Luxury Experience

YEAR 2026





Dear Guests,

At Tritone Luxury Hotel Termæ & SPA, care is never an end point, but always a starting point.

Taking care of oneself means investing in the quality of one's life: fostering harmony between body and mind, supporting a healthy lifestyle based on proper nutrition, adequate rest, and movement.

Our treatments and wellness programs offer diverse and complementary experiences, designed to regenerate, rebalance, and allow you to dedicate authentic time to your well-being. A mindful and attentive approach enhances every benefit.

In an environment of silence, peacefulness and harmony, Hotel Tritone provides the ideal setting to slow down, restore balance and fully devote yourself to your well-being.

This price list has been created to guide you in choosing the treatments best suited to your needs, with the aim of accompanying you on a wellness journey that focuses on the present, but above all on your future.



Walter Poli
General Manager



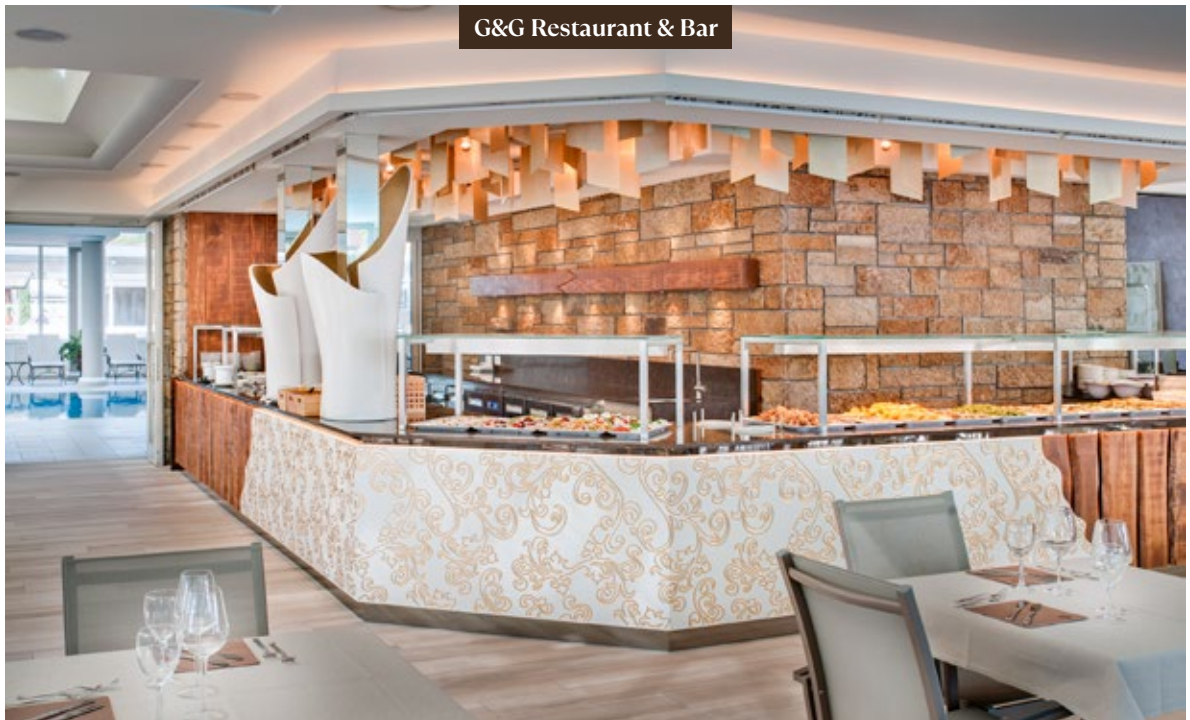
"The utmost attention to the community and the environment is our priority!"
UNI/PDR 125:2022 Gender Equality Certification

OUR SERVICES “ALL INCLUSIVE”

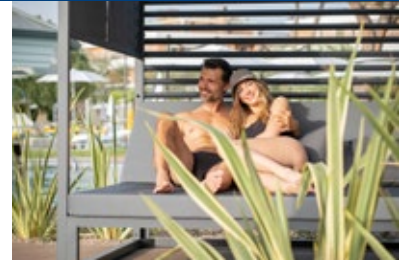
The superb cuisine

Delicacies for your palate from morning to evening...

- ★ **LAURA'S RESTAURANT:** A restaurant and breakfast room at the ground floor with a wide panoramic gazebo surrounded by the greenery of our garden.
- ★ A rich breakfast buffet offering smoothies, fresh fruit juices, sweet and savory specialties made by our Chef Pâtissier, honeycomb, cereals, meats and cheeses to best start your day. Freshly cooked eggs and crêpes.
- ★ **G&G BAR & RESTAURANT:** guests may access the venue while wearing a bathrobe.
- ★ Lunch and dinner with gourmet dishes and a rich buffet of appetizers, vegetables, fruit and desserts. During the summer season, it is possible to dine, at no extra cost, at the G&G Bar & Restaurant, located next to the pool area. At the buffet, a variety of hot and cold dishes are offered, as well as freshly prepared first and second courses from the outdoor kitchen.



TROPICAL POOL



The World of Water

- ★ 400 sq m thermal indoor and outdoor swimming-pools linked to one another with water at 32°-36° C and equipped with hydromassage and water jets.
- ★ 650 sq m thermal outdoor swimming-pool at 29°-34° C, gradually deepening, equipped with hydro-massage and water jets. Another possible access to the swimming-pool is from the Hesperides Garden: you can also swim during the winter without worrying about the cold.
- ★ Tropical Pool: new 30°-34° outdoor thermal pool of 600 sq. m. with whirlpools, water features, bathing area with sun loungers, islets with private canopy beds with direct access to the pool. Exclusive pool-bar surrounded by water where you can sip a delicious cocktail, a thirst-quenching drink or a good coffee while sitting or leaning on the counter.
- ★ The pools are open daily from 7:00 a.m. to 8:00 p.m.
- ★ **HESPERIDES GARDEN:** a large solarium close to the swimming-pools equipped with beds even in the winter offering a panoramic view over our beautiful park.
- ★ **ARQUÀ PETRARCA SAUNA CENTER:** open every day. The center is equipped with steam bath, Mediterranean bath, revitalizing waterlilies, infrared cabin, finnish sauna, soft sauna, snow cave and pink salt room.
- ★ **RELAXATION AREA:** adjacent to the Arquà Petrarca sauna center with a panoramic view of the outdoor swimming pool and the large park. Equipped with sunbeds, hammocks and beds and waterbeds. An oasis of peace, relaxation and privacy.

Entertainment

So that every night can be remembered...

- ★ Dancing nights
- ★ Piano bar
- ★ Music concerts
- ★ Fashion parades
- ★ Welcome cocktails
- ★ Wonderful summer parties: 12/06 - 26/06 - 14/07 - 31/07 - 15/08 - 28/08
- ★ Every week, wine tasting from our cellar and guided tour "The World of Thermal Spas"

The World of Fitness

- ★ Well-equipped gymnasium
- ★ Ping-pong table
- ★ Bikes
- ★ Bowls
- ★ Every week, yoga, water aerobics and gentle gymnastics courses

Powered by

TECHNOGYM

The Wellness Company



And more...

- ★ The large 30.000 sq m park surrounded by greenery
- ★ Wi-Fi free
- ★ Smoking room with cigar smoking area
- ★ Free indoor car park
- ★ KIT SPA: A soft bathrobe, towel, sponge slippers and SPA bag can be borrowed.
- ★ E-charging stations
- ★ ... and the kindness and professionalism of our Team
- ★ Our Boutique is a true space dedicated to style and well-being. Here you will find a carefully curated selection of swimwear, clothing, and exclusive Abano Spa products, perfect for taking the relaxation experience beyond the spa. Each item is selected with great care, featuring the finest Italian and international brands, synonymous with quality, elegance and timeless design. Featured brands include MC4 Saint Barth, Brunella, Erbario Toscano, and Luisa Maria Lugli—names that embody elegance, craftsmanship and authentic style.

Services on payment:

- **Booking and transfer service for the 103rd Season of the Arena di Verona - Opera Festival**
- Curative, thermal and rehabilitative treatments and well-being and beauty treatments
- Medical consulting
- Beverages at the restaurant and at the bar
- Room Service
- Beverages from the room mini bar
- Hairdresser's
- Solarium
- Taxi service at special fees
- Convention Hall Service
- Laundry service
- Electric car and bike rental



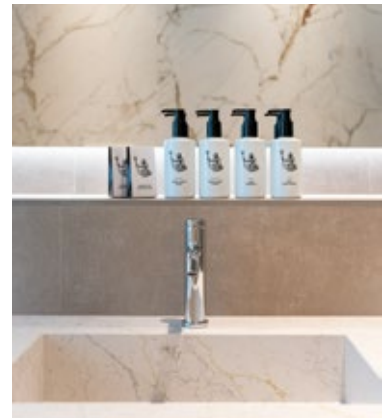




ROOMS

«Give every day a chance to be the best day of your life» Mark Twain

All rooms are equipped with a panoramic terrace, air conditioning, direct telephone, LCD TV with international channels and a SKY package, Wi-Fi, safe and mini-bar.



8 comfortable and elegant Suites are available: 2 Executive, 1 Presidential and 5 Panoramic rooms.

The Suites are equipped with all facilities such as a king size bed and a wide cabinet with a large safe inside. Bathroom with double sink, telephone and wire radio. A few suites are **equipped with a shower and a Jacuzzi bath**. The Executive and Presidential Suites feature a refined style enriched with exquisite details: **a dining area with minibar, smart TVs in both the living room and bedroom and a spacious panoramic terrace.**

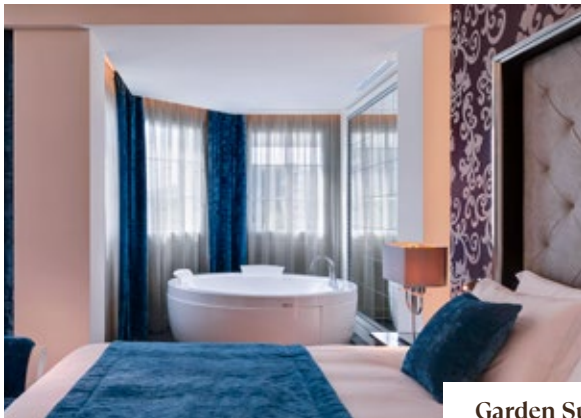
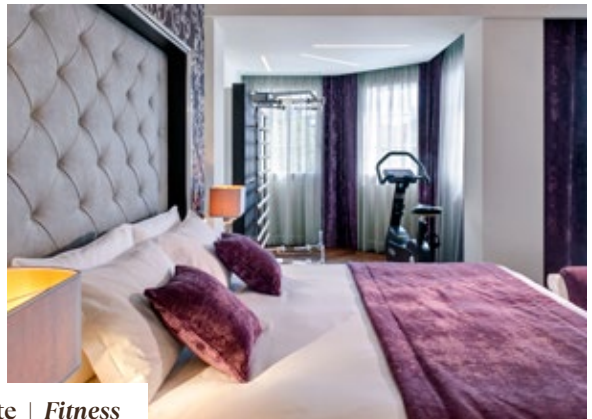


4 one-of-a kind Suites overlooking the large park: **3 Garden Suites and 1 Royal Garden Suite.**

The Garden Suites are equipped with two bathrooms, a lounge room, a king size bed, two large TV sets, Wi-Fi, safe, minibar and boiler with various teas and coffee. Those who wish to work out every day in privacy can choose the Suite equipped with a small gymnasium, while the Suite with the infrared cabin or the Suite with a large round Jacuzzi bath offer complete relaxation.



Garden Suite | *Fitness*



Garden Suite | *Hydro*

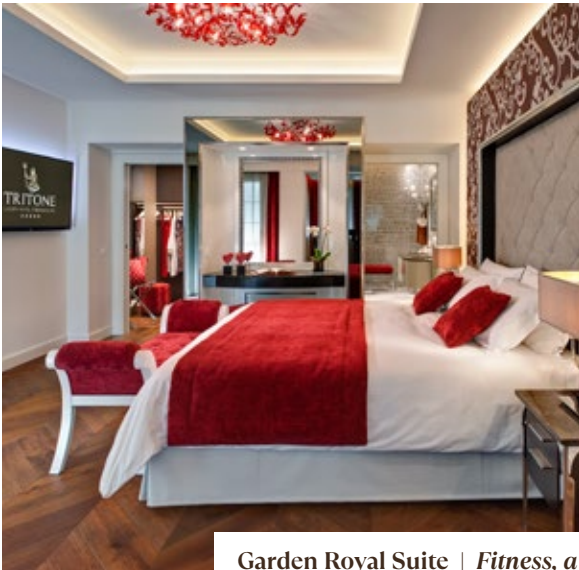




Garden Suite | SPA



The Royal Garden Suite is best for those who want to spend luxurious and private holidays: sauna and a mini swimming-pool in the terrace and a fitness area in the room.



Garden Royal Suite | *Fitness, a sauna and a mini swimming-pool*





Garden Royal Suite | *Fitness, a sauna and a mini swimming-pool*

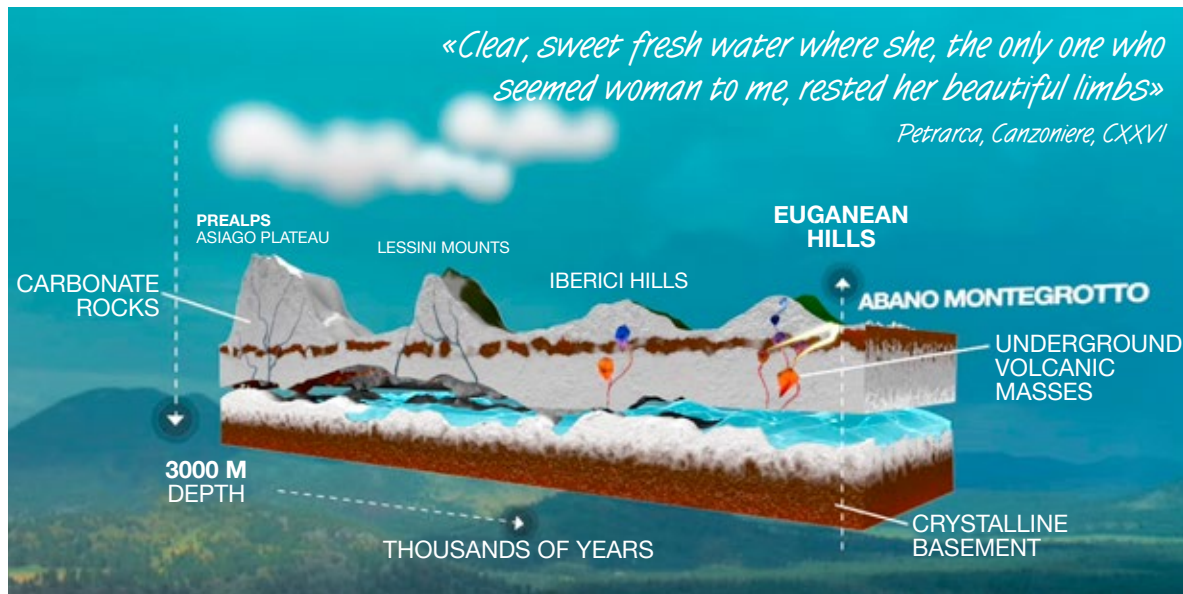
“THE WORLD OF WATER”

The thermal water: true well-being since long ago

The thermal water originates in the Little Dolomites, then flows deep underground to a depth of up to 3,000 meters. From there, it begins a long and slow journey lasting approximately 25–30 years, becoming enriched with highly beneficial mineral substances (potassium, sodium, magnesium, iodine, and silicon) before rising again into the Euganean thermal basin at a temperature of 87°C. This water is hot, full of minerals and therapeutic: a very precious source of well-being known since the time of the ancient Romans who, under the rule of Emperor Augustus (27 B.C. – 14 A.D.) built their Spa exactly in this area. It is sufficient to dive into our water for

realizing that a “simple bath” will help you to dissolve stress and get your mind and body fitted surrounded by a relaxing and warm atmosphere. Moreover, the large park surrounded by greenery, hot water falls, hydromassage jets and Japanese paths will make your physical and mental balance simply perfect. Take note that our swimming-pools are fed with thermal water and are open all year round:

- 400 sq m indoor and outdoor swimming-pools linked to one another with a water temperature of 32°-36° C
- 650 sq m outdoor swimming-pool at 29°-34° C
- 600 sq m Tropical Pool at 30°-34° C



“THE WORLD OF THERMAL WATER”

Salus per Aquam

...which means “health through water,” i.e. hydrothermal treatments, has always been a complementary method to treat rheumatic diseases, respiratory diseases, skin diseases and other pathologies.



**CENTRO STUDI TERMALI VENETO
PIETRO D'ABANO**

The most important thermal treatment is the MUD THERAPY: a well-being source, without the side effects of

traditional drugs, whose therapeutic effect has been taken advantage of and known since the ancient times. The combination of thermal water, classified as hyperthermal salt-bromine-iodine, and clay coming from the lakes of Arquà and Lospida, creates the thermal mud that is used in the mud therapy only after being long matured in special tanks.

During the two-three months of maturation, thermal water constantly flows on the mud and causes the modification of its chemical-physical characteristics and the development of an organic part (micro-flora and humus) as well as the enrichment of minerals and ions which increase the plasticity of mud as well as its heat retention index.

The application of thermal mud favors intense skin and muscular vasodilation, an increase in the districtual articular flow with a washout of algogenic substances and efficient muscle relaxation. At the general level, the thermal stress caused by the thermal mud application sets free hormones, which have an anti-inflammatory and pain-killing effect (i.e. cortisol and endorphins). Mud favors the elimination of toxins and increases diuresis, while also stimulating the production of hor-

mones and causing an efficient anti-stress and anti-ageing effect.

The hotel Tritone has 4 wells for the extraction of thermal water, 18 tanks for the maturation of mud and 20 rooms for mud bath therapies in an environment inspired by the ancient Roman spas. The maturation process as well as the quality of thermal mud is constantly monitored (O.T.P.) and that is another guarantee of the quality and efficiency of our thermal mud.

Thermal water is rich in salt, bromine and iodine and is very useful to prevent and treat respiratory tract diseases.

Thermal inhalation therapies (inhalations, aerosols and micronized showers) are all carried out by compressed air equipment, which nebulizes thermal water into very small particles and introduces it into the respiratory airways. Inhalations nebulize thermal water at the same temperature of source water. These treatments are suitable for treating and preventing diseases of the oropharyngeal and nasal cavities.

The thermal aerosol breaks the water particles into molecules with a diameter smaller than three microns to allow steam to penetrate deeper into all branches of the respiratory tract. Suitable for treating bronchitis, bronchial asthma and catarrh cough.

The micronized shower gently pushes the flow of thermal water droplets into the nostrils and favors a delicate physiotherapeutic effect on the Eustachian tube.

TREATMENT PACKAGES AND RECOMMENDED PROGRAMS

*All inclusive programs with treatments
(medical check-up included)*

SPA Department Tel. +39 049 8661550

6 MUD THERAPY SESSIONS

with thermal ozone baths, 6 therapeutic massages
and 6 cycles of aerosols-inhalations and micronized shower

€ 1,064.00

10 MUD THERAPY SESSIONS

with thermal ozone baths, 10 therapeutic massages
and 10 cycles of aerosols-inhalations
and micronized shower

€ 1,740.00

12 MUD THERAPY SESSIONS

with thermal ozone baths, 12 therapeutic
massages and 12 cycles of aerosols-
inhalations and micronized shower

€ 2,078.00

The treatment packages include the medical check-up for undergoing treatments and using the World of Water, the bathrobe and towel for the swimming-pool, the access to the Arquà Petrarca Sauna Center and other services of "all inclusive".

THERMAL TREATMENTS AND MASSOTHERAPEUTIC TREATMENTS

MEDICAL CHECK-UP FOR UNDERGOING TREATMENTS

The specialized doctor's prescription is essential for scheduling treatments. The medical check-up aims at assessing the health conditions of the person and singling out therapies to follow during the stay as well as providing the operators with medical instructions to guarantee the greatest advantages.

€ 50.00

MUD APPLICATION, SHOWER AND THERMAL BATH WITH OZONE

Thermal mud is applied onto the areas of the body recommended by the doctor for about 15/20 minutes, followed by a thermal shower and a warm thermal bath with ozone in order to stimulate and activate the blood circulation. The session is carried out in a special single room. A general massage to restore the muscular and nerve tone is highly recommended after the mud application. Mud therapy is a specific treatment to treat arthrosis, arthritis, rheumatic pain, and osteoarthropathies and it helps the recovery from traumas or fractures.

€ 51.00

MUD APPLICATION ON HANDS OR FEET

€ 38.00

MUD APPLICATION ON HANDS AND FEET

€ 45.00

THERMAL BATH WITH OZONE

Thermal water bath enriched with ozone to relieve the straining status caused by the vasodilation and



sweating caused by the mud application. The ozone bubbles softly massage the body and stimulate and activate the blood circulation and cellular metabolism: it's an excellent remedy for those who suffer from anxiety, circulatory and joint problems, while it prevents hypertension, arteriosclerosis and depression.

€ 39.00

INHALATION TREATMENTS

Micronized shower: a flow of thermal water droplets sprayed directly into the nostrils. Excellent for treating sinusitis, it has a delicate physio-therapeutic effect in the Eustachian tube, which regains its elasticity.

€ 16.00

Aerosol: nebulized thermal water is breathed in for treating respiratory diseases.

€ 16.00

Inhalation: wet and warm thermal water steam is breathed in to treat the main pathologies of oropharyngeal and nasal cavity.

€ 16.00

A complete cycle of 12 sessions of micronized shower, inhalation and aerosol is recommended to prevent and treat all respiratory diseases as well as for those who suffer from allergies or smoking

THERAPEUTIC MASSAGE

A complete body treatment: essential after the application of thermal bath to restore the muscle and nerve tone and eliminate the transitory straining caused by the application of mud, thermal bath and sweating reaction. The general massage acts on tendons, ligaments, muscles and joints and increases their tone and relaxation. It also helps breathing and improves the balance of mind and body. (min. 55)

€ 70.00

LYMPHATIC MASSAGE

A specific and localized treatment that stimulates the activity of the lymphatic system by eliminating water retention and waste material from tissues. It is a safe therapy suitable for treating blemishes caused by localized lymphatic stasis such as cellulite. The massage is carried out by soft and rhythmic movements towards the lymphatic ways. (min. 55)

€ 70.00

ANTI-STRESS MASSAGE

A complete body treatment favoring the achievement of a state of total well-being. The massage is carried out with very soft movements that eliminate stress and tension and set new energy free to give well-being and harmony. (min. 55)

€ 70.00



SPORT MASSAGE

Specific treatment for those who practice sports: before training, it increases performance; after training, it relieves straining. This energetic massage activates circulation, warms up the muscles, favors the elimination of the metabolic waste produced by sport activity and gives a sense of well-being. (min. 55)

€ 70.00

CALIFORNIAN MASSAGE

This massage was born in the 70's in California and spread around the world starting in the 80's; it was defined as the "KING" of the massages: it is a sensitive, meditative, anatomic and relaxing massage. It has beneficial calming effects on mental activity, while shaping the body and reinvigorating it. It stimulates the blood and lymphatic circulation, re-activates the vitality of breathing, favors digestion and eliminates toxins. The operator alternates fluid movements, from both slow and gentle to very wide movements: it is as if the hands create a harmonic choreography on the body. (min. 55)

€ 70.00

PHYSIOTHERAPEUTIC TREATMENTS

PHYSIOTHERAPY

A medical therapy carried out by operators specialized in manual techniques that help solve muscular and skeletal disturbances. The most used techniques include vertebra and joint mobilization and manipulation. The physiotherapist, together with the health director, will perform a customized rehabilitation program, depending on the patient's pathology, and will also use modern equipment (such as laser, ultrasound, magneto-therapy and electrotherapy). The ability of our physiotherapists and the number of manual techniques guarantee the results of each treatment aimed at relieving muscle and joint pains. The results include a better flexibility of the body as well as a pleasant sensation of lightness. (min. 55)

€ 77.00

HYDROKINESITHERAPY

The physio-therapeutic rehabilitation treatment is carried out in a specific swimming-pool. It's recommended for treating locomotor, respiratory and cardiocirculatory problems.

The water temperature causes the relaxation of muscles, improves blood circulation and gives benefits to the vascular and respiratory systems. As a body floats in water, the weight felt on the joints and spine is reduced by 90%, so many exercises that would ordinarily be painful are now possible; consequently, the body's flexibility is improved. (min. 50)

€ 77.00



Human Tecar®
FEEL YOUR BEST

TECARTHERAPY

An innovative physio-therapeutic and

pain-killing therapy that takes advantage of the energy produced in the biological tissues, activating the natural repairing and anti-inflammatory processes. The physiotherapist uses this new equipment, called Tecar, to stimulate the production of energy in the tissues and in the deepest layers.

The skills of the physiotherapist consist of taking advantage of this energy, combining specific manual techniques, and addressing it to the motor and analgesic rehabilitation. This therapy can be used soon after a trauma or during the acute phase of an inflammatory process and it gives good results in a very short time. (min. 55)

€ 87.00

INDIVIDUAL POSTURAL GYMNASTICS

The stress and lack of physical activity reduce the natural elasticity of muscles and nerves and cause incorrect postures and consequently muscle contractures, which cause pain and stiffness. This specific gymnastics carried out with the help of specialized operators aim at removing tension and rebalancing posture. (min. 55)

€ 77.00

RESPIRATORY GYMNASTICS

Gymnastics aimed at treating respiratory diseases that involve breathing muscles. The therapist helps carry out specific exercises and uses techniques that favor the elimination of phlegm and the expansion of the chest: the patient will be able to breathe efficiently again. (min. 55)

€ 77.00

MUSCULAR STRENGTHENING

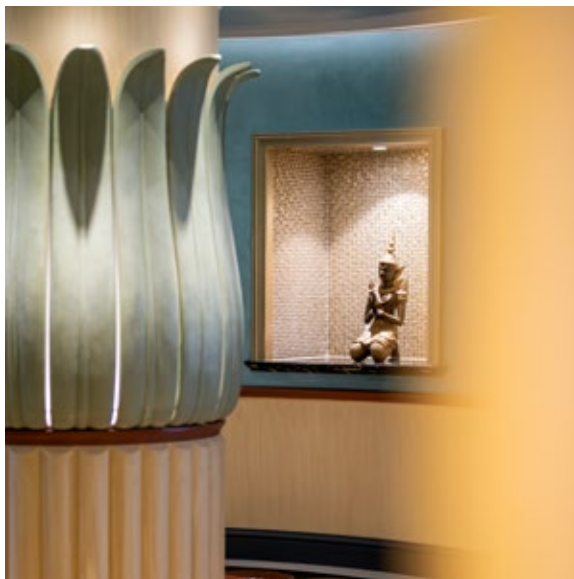
A rehabilitative technique that aims at recovering and strengthening the muscles and consequently improving the quality of movement. The exercises are performed in the cabin or in the swimming-pool where the therapist uses a manual technique or specific equipment. (min. 55)

€ 77.00

All physiotherapeutic treatments are carried out by specialized personnel and are customized in accordance with the patient's needs. Our doctor will be able to advise you about the treatments that are more suitable for solving your pathologies.



ORIENTAL TREATMENTS



SHIATSU

The “art of treating through the fingers” is a therapeutic discipline that originates from traditional Chinese massage. It is a manual treatment carried out by pressing the fingers against the body along the body meridians connected with the functioning of the organs. Shiatsu helps eliminate the blocks in the muscles so that the vital energy can flow freely and give strength and vitality to the entire body. (min. 55)

€ 77.00

WATSU

The innovative water technique that uses stretching and Shiatsu acupuncture: water’s anti-gravity effect allows relaxation, which helps the nervous system.

Watsu’s soft movements carried out in harmony with breathing relieve muscular stress and stiffness; improve sleep quality, strengthen the immune system and decrease anxiety. (min. 55)

€ 77.00

STRETCHING THAI MASSAGE

A massage that originates in Thailand which combines the stretching and lengthening of muscle tendons with the manipulation based on finger pressure. The Thai massage is useful for everybody, regardless of age because it adapts to the morphology of each person. The final result is complete well-being and energetic re-balance.

€ 77.00 2 Hands | € 152.00 4 Hands

THAI MASSAGE WITH OIL

€ 82.00

THAI MASSAGE WITH BALM

€ 82.00

THAI REFLEXOLOGY

An Eastern treatment of Thai origin that combines deep pressure techniques and dynamic movements on the sole of the foot. It works not only on reflex points but also on muscles and circulation, delivering a more intensive and deeply relaxing effect compared to traditional reflexology.

€ 77.00

HOT STONE

This massage takes advantage of the warmth coming from volcanic heated stones which are rested on specific body points to give a pleasant sensation of relaxation as well as to relieve nervous tension and

muscular pains. Perfect for those who suffer from insomnia and stress. (min. 55)

€ 77.00

PLANTAR REFLEXOLOGY

Our body is mirrored on the sole of the foot in precise reflex zones able to transmit impulses and stimulate the various systems of the body (blood circulation system, glandular, nervous, digestive, sensorial and reproductive systems). The zones are stimulated by a massage performed with the thumbs that act on reflex points to help restore the lost balance, prevent and melt away many ailments and feel at peace. The main purpose of this ancient Chinese technique is to reduce tension and stimulate the energy flow for revitalizing the entire body. (min. 55)

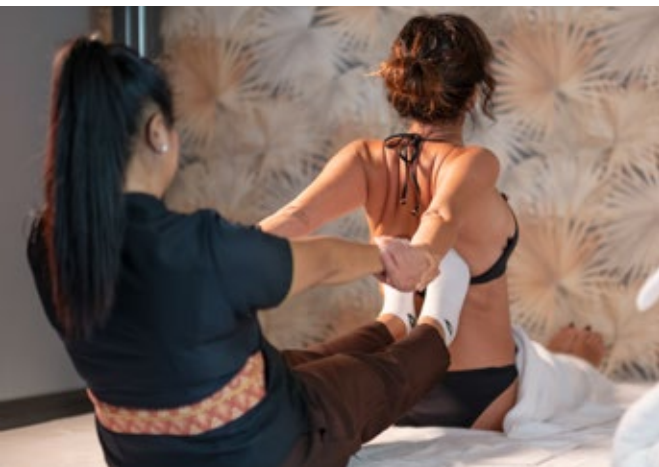
€ 71.00



TIBETAN MASSAGE

This massage has a very ancient origin and involves a technique able to maintain or recover the balance of mind, body and spirit. According to an ancient cosmologic idea, the universe is comprised of small particles containing the four elements (air, fire, water and earth) generating the three humors that determine the person's state of health: Wind, Bile and Phlegm. Bells and cymbals are used to enhance energy while the body is massaged with warm oil, essences and a special synergy of salts to fight any swelling and eliminate toxins. An excellent treatment to fight stress, to rebalance one's energy and to drain excess water. (min. 55)

€ 77.00



AYURVEDA: THE ANCIENT “SCIENCE OF LIFE”

KERALA

It's one of the most practiced therapies in thousand-year-old Indian medicine: it consists of a slow and relaxing slipping of the hands using warm oil along lines which come from the heart to the peripheral parts of the body from upwards to downwards.

It favors the relaxation of muscles and lets energy flow back into the body by eliminating the body tension and strengthening the immune system.

It is also recommended during pregnancy and convalescence. (min. 55)

€ 77.00

AYURVEDA “EARTH AND SKY”

A specific treatment to rebalance the body and mind as it acts simultaneously on the two opposite ends of the body: the head and feet. A thin thread of warm sesame oil enriched with essences is poured on the forehead, this technique is called “Shirodara,”

where the “third eye” or the sixth chakra is located. By stimulating the sole of the feet with a plantar reflexology technique, the lower chakras are rebalanced. Earth and Sky Ayurveda allows the most remote corners of the mind and body to calm down, relax and re-balance.

Excellent method to fight migraines, insomnia and physical and mental stress. (min. 55)

€ 77.00

AYURVEDA VATA-PITTA-KAPHA

According to Ayurveda philosophy, each natural body is comprised of five elements (ether, air, fire, water and earth) which combine to one another to create three doshas: Vata, Pitta and Kapha.

This particular massage technique is carried out by sliding the hands slowly and softly along the body lines which vary according to the Vata, Pitta or Kapha typology. The Vata massage (ether and

air) acts on the energy system connected to the nerve system: it's excellent in the case of emotional unbalances and energetic stress.

The Pitta massage (fire and water) helps a general rebalance and treats problems caused by the abdomen area and the energetic metabolism connected to it. The Kapha massage (water and earth) acts on the toning or draining sys-



tem and increases the energy metabolism by eliminating waste materials and water retention. Each person receives the massage most suitable to his/her needs. (min. 55)

€ 77.00

SWEDANA

Excellent detoxifying and anti-stress treatment: it is unique of its kind in that the head is kept fresh. Offering marked toning, calming and purifying functions, the Ayurvedic synergies vata, pitta and kapha enrich the warm oil with which a whole body massage is performed. The treatment is followed by an Ayurvedic steam bath that favours absorption of the oil, which penetrates deep into the skin to remove toxins, stimulate the sweat glands, reactivate circulation, and reduce water retention and excess weight gain. It helps relieve muscle and joint pain, stiffness, heaviness and coldness in the body. (min. 55)

€ 77.00

PINDASWEDA

Or "Warm pads," a specific treatment to rebalance the muscles. The operator

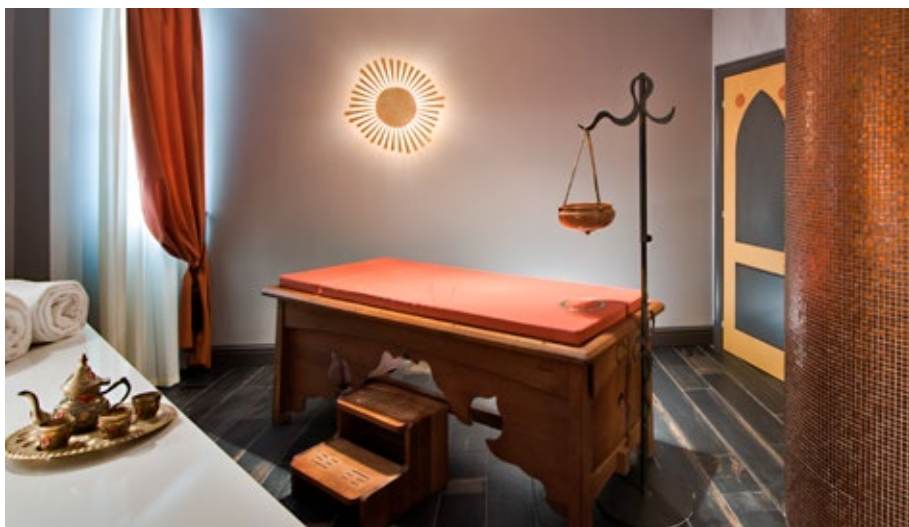
rubs with warm pads containing spices, flowers and fruit and performs a specific massage that works the muscles for removing stiffness and tension. Excellent for those who suffer from arthritis, osteoarthritis, stiffness and the swelling of joints. (min. 55)

€ 77.00

HERBAL MUD APPLICATION WITH THERMAL OZONE BATH

This unique treatment consists of applying mud made of clay and micronized arnica, Devil's claw and cumin, which have relaxing and painkilling properties both for muscles and joints. The session is completed with a thermal ozone bath that stimulates and activates blood circulation and cell metabolism. (min. 55)

€ 79.00





vata-pitta-kapha

AYURVEDIC TREATMENTS

They follow the theory of the three doshas (vital energy):

air

DOSHA
PACKAGE

RELAXING, CALMING AND DECONTRACTING

- Footbath
- VATA Ayurvedic Massage
- Ayurvedic Mud application on the back
- Swedana
- Ayurvedic tea served in the relaxation oasis

€ 110.00

Treatment duration: 90 minutes

water

DOSHA
PACKAGE

RELAXING AND REDUCES SWOLLEN BELLY

- Footbath
- PITTA Ayurvedic Lymph-draining Massage
- Ayurvedic Mud application on the legs and belly
- Ayurvedic tea served in the relaxation oasis

€ 110.00

Treatment duration: 90 minutes



पित्त

**DOSHA
PACKAGE**

RELAXING, ANTI-STRESS

- Footbath
- PITTA Ayurvedic Massage
- Shirodara
- Ayurvedic tea served in the relaxation oasis

€ 110.00

Treatment duration: 90 minutes



वातर
earth

PACKAGE

DRAINING, ANTI-CELLULITE

- Footbath
- Ayurvedic Mud application on the legs and belly
- Swedana
- KAPHA Massage with draining oil to stimulate blood and lymph circulations
- Ayurvedic tea served in the relaxation oasis

€ 110.00

Treatment duration: 90 minutes



earth

PACKAGE

SLIMMING AND MODELLING

- Footbath
- KAPHA or Pindasweda Massage
- Draining Ayurvedic Mud application on the legs and belly
- Swedana
- Ayurvedic tea served in the relaxation oasis

€ 110.00

Treatment duration: 90 minutes



दोश

PACKAGE

FACE AND BODY

DETOXIFYING AND ANTI-STRESS

- Ayurvedic peeling
- Swedana (steam bath)
- Oil application
- Ayurvedic facial treatment

€ 136.00

Treatment duration: 120 minutes



kamadeva

PRIVATE SPA

It is oriental philosophy that inspires the very new PRIVATE SPA KAMADEVA, an oasis of privacy and wellness for a couple to share: a moment of complete harmony and relaxation.

Let yourself be guided by our operators who will lead you through emotional and healing programs for your mind and body. Treatments, scents and tastes wisely selected to give your body pure well-being sensations.

Each treatment can also be performed for one person.

india

A purifying and rebalancing package to strengthen the immune system.

- Turkish bath
- Purifying Ayurvedic peeling treatment, both nourishing and protective
- Scented hydromassage in Jacuzzi with Ayurvedic oils
- Vata-Pitta-Kapha customized Ayurvedic Massage
- Tea served in the relaxation oasis

€ 208.00 for two people

€ 153.00 for one person

Treatment duration: 120 minutes

asia

Antistress package that favors the stimulation of blood and lymphatic circulation, nerve regeneration, muscular relaxation and joint elasticity.

- Turkish bath
- Purifying and revitalizing salt peeling
- Scented hydromassage in Jacuzzi with relaxing essences
- Antistress Massage
- Tea served in the relaxation oasis

€ 208.00 for two people

€ 153.00 for one person

Treatment duration: 120 minutes

orient

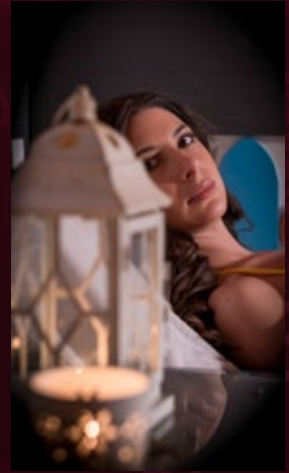
Rebalancing package for the body, mind and spirit: inspired by oriental philosophy that teaches that health is the result of a balance between three humors (Wind, Biliary and Phlegm) and 3 different energies that rule the vital functions of the body.

- Turkish bath
- Himalayan Sea Salt Peeling treatment, stimulating the circulation
- Scented hydromassage in Jacuzzi with oriental essences

€ 218.00 for two people

€ 163.00 for one person

Treatment duration: 120 minutes



sweet feeling

Sensorial package with natural essential oils extracted from plants and fruit.

- Turkish bath
- Delicate fruit peeling
- Scented hydromassage in Jacuzzi with 100% PURE ORGANIC AROMA
- Sensorial customized massage with gel based on phyto-endorphins, made completely from vegetables
- Sweet relaxation with champagne and fresh fruit in the dedicated oasis

€ 218.00 for two people

€ 163.00 for one person

Treatment duration: 120 minutes

balai body

farmogal

COSMETIC SCIENCES

A unique and complete package for the body and face.

- Turkish bath
- Scented hydromassage in Jacuzzi with draining and toning pineapple essence
- 100% Farmogal pineapple massage efficient against free radicals
- Customized Farmogal 100% anti-oxidation facial treatment
- Draining and purifying tea served in the relaxation oasis

€ 157.00 for one person

Treatment duration: 120 minutes



Couple Emotions

CANDLE MASSAGE

A massage for couples, romantic and relaxing: the flickering light and the beneficial warmth of the candle, the pleasant aroma diffused by the essences and fragrances released into the air and the skillful hands of our masseurs will make you live a unique and intoxicating experience to share with your loved one. (55 min.)

€ 76.00 for person.

AROMATIC MASSAGE

A scented cuddle for the couple. An enveloping and aromatic massage based on essential oils. Relaxing, slow and deep, it leads to a feast of the senses and to a state of absolute well-being of body and spirit. (55 min.)

€ 76.00 for person.

AESTHETIC MEDICINE



Our medical director, Dr. Forestan Francesca is available to help you solve skin imperfections and rediscover a young and radiant appearance. The aesthetic medicine clinic offers state-of-the-art face and body treatments based on pure hyaluronic

acid, with no contraindications. Both the facial tissue and the tissue of the body (cleavage, neck, arms, hands, abdominal stretch marks, buttocks and hips) are revitalized, the skin appears compact, hydrated and regains elasticity without needing any surgery.

Free medical visit for admission to the treatment: our doctor will indicate the type of treatment that best suits your skin and will show you the results you can obtain.

ANTI CELLULITE TREATMENT

Micro-injections of phytotherapeutic substances with a slimming and remodeling action against the skin imperfections of cellulite: tissues are toned and the blood circulation is reactivated. It is recommended to accompany it with a lymphatic drainage massage that enhances the treatment.

€ 220.00 per session

ANTALGIC MESOTHERAPY TREATMENT

A targeted therapeutic treatment involving localized subcutaneous micro-injections (cervical, lumbar, and knee areas), designed to relieve pain and reduce joint inflammation. Ideal for improving mobility and musculoskeletal well-being in an effective and minimally invasive way.

€ 220.00 per vial

“BIO REGENERATIVE” TREATMENT EXCLUSIVE FORMULA

A bio-revitalizing method for the face and/or body with pure hyaluronic acid, amino acids and vitamins, aimed at treating asphyxiated and hypoxic skin. Diffuse micro-injections restore skin hydration; the skin will be brighter, clearer and visibly improved.

€ 370.00 per vial

MINIMALLY INVASIVE DERMAL FILLER TREATMENT

An advanced aesthetic treatment based on micro-injections of pure hyaluronic acid on the face, neck, and décolleté. It helps improve skin elasticity, hydration and radiance, naturally counteracting the signs of aging and giving the skin a fresher, more relaxed appearance.

€ 480.00 per vial

FILLER GOLD TREATMENT

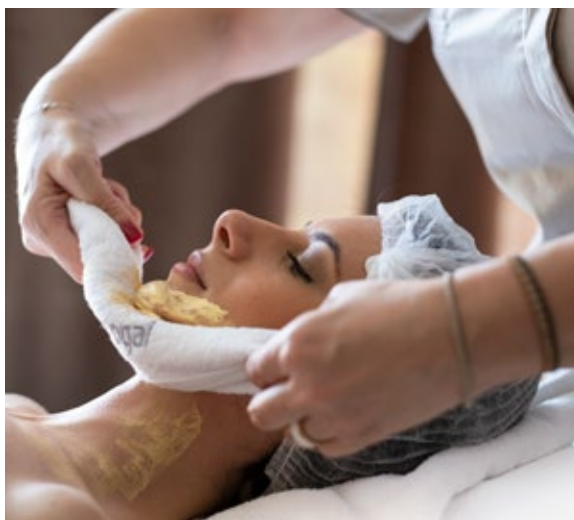
Based on pure hyaluronic acid with high and/or intermediate molecular weight. Micro-injections useful in plumping the lips and correcting expression lines such as bare code lines or glabellar or nasolabial wrinkles.

€ 570.00 per vial

FACE TREATMENTS

farmogal
COSMETIC SCIENCES

Farmogal Cosmetic Sciences, a forefront company in the research and production of beauty products and treatments. The company has been able to confirm itself as a leader in the market thanks to its constant attention to quality and scientific research. Certified UNI EN ISO 9001 for quality and UNI EN ISO 4001 for the environment.



FARMOGAL PRINCIPI THE TREATMENT

A normalizing, deeply hydrating and detoxifying treatment that involves face cleansing and instant hydration to the deeper layers of the skin.

The hyaluronic acid is the most efficient molecule to fight environmental aggressions, physiological dehydration and precocious ageing which affect dry skin. (min. 55)

€ 85.00

FARMOGAL FEELING TIME

A treatment that optimizes the hydration levels and increases the skin tone, stabilizing the pH balance and smoothing out the wrinkles. It protects the skin from pollution and the environmental stress that causes ageing. The treatment involves the application of a specific collagen or hyaluronic acid vial, gommage, a relaxing massage with a specific cream and a mask to facilitate the penetration of products and the elimination of toxins. (min. 55)

€ 90.00

EYE CONTOUR TREATMENT

A specific treatment for the eyes that aims at attenuating the lines and the expression signs, reducing bags and dark circles and giving new vitality to the eye zone. The delicate skin of this zone is hydrated, protected, smoothed and toned.

€ 49.00

FARMOGAL C&P ROSE SKIN COLOURS LFT

An anti-ageing protective treatment for the face, suitable for sensitive skin suffering from redness. Rich in C vitamin with colloidal oatmeal, rutinocide, vitamin E, hyaluronic acid and preservativefree. An exclusive formula that guarantees a superhydrating, brightening, anti-redness effect, as well as acidifying and smoothing. Anti-free radicals and anti-photo-ageing. (min. 55)

€ 86.00

FARMOGAL 100% WITH ANTIOXIDANTS

Facial treatment with fruit; it's natural, ecological, safe, without heavy metals and preservatives. It is used to give immediate benefits to the face skin against the oxidative stress caused by the free radicals responsible for precocious ageing. It is rich in anti-oxidants taken from fruit such as carotenoids, flavonoids, polyphenols and anthocyanins. A selection of four treatments is available; the treatments can also be combined to one another:

Pineapple: anti-inflammatory, decongestant and anti-oxidant action.

Orange: elasticizing, vaso-protective, anti-oxidant action.

Apple: reparative, lifting and firming action.

Blueberry: reparative and elasticizing action for the connective tissue as well as vaso-protective and anti-oxidant. (min. 55)

€ 85.00

FARMOGAL 100% WITH ANTIOXIDANTS AND FACIAL MASSAGE

100% antioxidant treatment completed and enhanced by a stimulating and revitalizing facial massage. A unique facial technique that combines the energetic techniques of the Eastern tradition with the techniques for the stimulation of blood micro-circulation and tissues according to the best Western traditions. (min. 90)

€ 115.00

FARMOGAL LUMINA

A treatment aimed at fighting skin spots caused by ageing or sun exposure. Chic Skin blemish treatment combines the most efficient depigmenting ingredients contained in safe formulas made by using new patented technologies that respect the skin and its functional parameters. Its molecules work to fight hyperpigmentation while promoting spot attenuation. To increase the efficiency of your beautician's treatments, we recommend using specific products at home for cleansing and moisturiz-

ing your skin; the products can be purchased at our beauty center. (min. 55)

€ 110.00

FARMOGAL CHIC SKIN, NEW LIFE

Regenerating treatment for older skin with an immediate lifting effect. A set of products that treasures the secrets of their technological essence in their skin regenerating formula. The innovative "carriers" guarantee the distribution of the functional active principles through the tissue, countering the signs of ageing and promoting "cellular breathing," metabolism and detoxification by vitamins of the B group. Thanks to the complex amino acids and the natural collagen peptides, they reduce wrinkles by hydrating and toning the skin. (min. 55)

€ 115.00

FARMOGAL LYMPHATIC FACE MASSAGE

Manual facial treatment with a particular massage technique that eliminates swelling and deeply drains the tissues. It reduces eye bags, acne and rosacea, producing endorphins that have a calming effect. It can relieve sinusitis, pharyngitis and tonsillitis. It also allows deep relaxation, releasing tension built up from stress. (min. 25)

€ 50.00

FARMOGAL FOR MAN

Specific facial treatment for man. The smoothing Blupeel action reduces the stratum corneum layer, improves the texture and stimulates the metabolic functions. The mask, studied according to the skin type, favors detoxification; the massage with E oil, rich in natural emollients, E vitamin and antioxidants, has a strong anti-ageing effect and fights free radicals. The skin is left soft and velvety and protected from oxidative stress. (min. 55)

€ 74.00

BODYSTYLING



EXFOLIATING SALT PEELING

Gentle scrub formulate in lipophilic base rich in waxes and smoothing oils, suspended salt crystals and active principles which stimulate the blood circulation. Vegetable oils soften skin, salt crystals melt gradually and exfoliate the skin by setting the skin free from dead cells; they also favour the elimination of excess water. Skin will be luminous, soft and smooth. (min. 55)

€ 77.00

PEELING WITH HIMALAYAN SALTS

Himalayan salt originates in the secondary age when huge salt masses were deposited in various parts of the Earth. This salt arrived to us with its original purity and richness in mineral substances (i.e. 84 different mineral salts). In particular, calcium, zinc, potassium, copper, sulphur and antioxidants. Its characteristic pink color is due to the presence of iron. By rubbing its crystals onto the skin, a deep peeling action is achieved and the dead skin cells are eliminated from the corneous layer. Blood circulation is also stimulated. (min. 55)

€ 77.00

FARMOGAL THIN LAYER

A complete body treatment involving a sequential patented peeling-massage with inorganic activators of marine Diatoms that combine the peeling and smoothing action with a strong systemic stimulation, causing lifting and toning effects on the entire body. The skin becomes more compact, firm, luminous and soft thanks to the hyaluronic acid, the most powerful hydrating skin product present in all of the products we use for this treatment. (min. 85)

€ 137.00

FARMOGAL COLD LEG BANDAGE

Lymphatic draining treatment that quickly reactivates peripheral blood circulation. Legs are wrapped in cold bandages and then a massage is carried out in the lower limbs.

The beneficial "vascular gymnastic" caused by the treatment eliminates the swelling and the feeling of heaviness in the lower limbs with a positive effect on capillary fragility and varices. (min. 55)

€ 85.00



FARMOGAL 100% PINEAPPLE

It's a natural body treatment full of good associated scents, in which the draining synergies of the pineapple enzymes are added to the non-fat action of the caffeine. The skin is calm, detoxifies itself, takes shape and comes to life cleaning and feeding itself under a sure massage. This treatment is an effective remedy against the free radicals produced by our metabolism, by solar radiations, smog and bacteria. (min. 55)

€ 82.00

FARMOGAL TOTAL BODY

A unique and complete package for the body and face.

- Turkish bath
- Scented hydromassage in Jacuzzi with draining and toning pineapple essence
- 100% Farmogal pineapple massage efficient against free radicals
- Customized Farmogal 100% anti-oxidation facial treatment
- Draining and purifying tea served in the relaxation oasis. (min. 120)

€ 157.00

FARMOGAL THERMA AESTHETICS

Body treatment that favours general improvement of tissues and skin tone, and provides important help against cellulite. The skin returns to being more radiant and hydrated, and fat deposits and water retention are reduced. The use of highly active cosmetics is combined with dynamic heat therapy, recreating a moderate hot-humid microclimate that favours maximum sweating. (min. 55)

€ 95.00

FARMOGAL FORTY-TWO

Size target! Slimming treatment which encourag-

es the metabolism to promote the action of cosmetics and active ingredients such as carnitine, that can stimulate the activity of blood vessels and the metabolism of excess fats. A specific treatment to promote the loss of weight and reduction of centimetres, to quickly obtain a new silhouette. (min. 55)

€ 95.00

ANTI-CELLULITE MASSAGE

A manual treatment that fights the causes of cellulite and skin blemishes. The massage is carried out by a specific anti-cellulite cream that fights cellulite blemishes and any lack of firmness. The treatment helps superficial micro-circulation and the elimination of excess water. (min. 55)

€ 74.00

FIRMING MASSAGE

Manual toning and firming treatment of tissues to restore the natural elasticity. The massage is carried out on the entire body or on a few specific zones according to the person's needs; later, a cream rich in natural active principles is applied to provide a toning and firming action. (min. 55)

€ 74.00

CHOCOLATE MASSAGE

Cacao, which has been known since the time of the Aztecs, plays an important role both for the mind and the body. Cacao's aroma has a high anti-stress and anti-depressive power and, if it is spread over the body, it stimulates the production of endorphins which are the main source of euphoria and the capacity to concentrate. Theobromine and Caffeine, of which cacao seeds are rich in, help to reduce water retention and fight cellulitis; Shea butter, which is rich in fatty acids, both nourishes and protects the skin. (min. 55)

€ 74.00

THALASSOSPA

The curative properties of algae have been known for centuries. Through osmosis, they collect the main substances of the Ocean, an extraordinary tank of minerals, trace elements, fat acids, vitamins, proteins and amino acids.

Thalassospa by Cosmethic uses only algae and marine extracts coming from an area of Brittany (A World Reserve of Biosphere for UNESCO) where there is some of the purest water in the world. Algae are processed within 24 hours of being collected so that their extracts keep their characteristics unchanged.

COSMETHIC THALASSOSPA

DRAINING ANTI-CELLULITE TREATMENT

Draining anti-cellulite treatment that combines the active concentrated principles of algae with the marine extracts of Brittany and the Dead Sea Salts to stimulate the blood micro-circulation and favor the elimination of excess water. An exclusive formula that gives quick significant results in treating fat accumulations, cellulite and more visible blemishes.

(min. 55)

€ 87.00

COSMETHIC THALASSOSPA

TONING AND FIRMING TREATMENT

Toning and firming treatment that takes advantage of the synergy of active principles of spirulina alga and the functional substances of marine extracts to favor the cellular renewal process and skin repair. The essential mint oil gives a beneficial "Kneipp" effect and enhances toning. (min. 55)

€ 87.00

THALASSO TREATMENT WITH STEAM BATH

It enhances the purifying process as well as draining and slimming

- Application of Dead Sea Salt and Algae Mud
- Steam bath
- Modelling or anti-cellulite massage with essences and algae creams
- Purifying tea served in the relaxation oasis. (min. 90)

Draining Anti-Cellulite Treatment € 132.00

Modelling and Slimming Treatment € 132.00

BEAUTY SERVICE



MANICURE, PEDICURE

Manicure (min. 30)	€ 33.00
Curative manicure (min. 50)	€ 43.00
Pedicure (min. 25)	€ 38.00
Curative Pedicure (min. 50)	€ 58.00

HAND OR FOOT TREATMENT WITH PARAFFIN

A specific treatment with paraffin enriched with vitamins to fight the precocious ageing of hands with brown spots or dehydrated skin; it strengthens nails, refreshes the feet, softens rough skin and prevents cracked heels. It also relieves arthritic pains and feet swelling and reduces joint and tissue inflammation.

(min. 30)

€ 35.00

VAX

Legs	€ 38.00
Half leg	€ 31.00
Legs and bikini area	€ 53.00
Half leg and bikini area	€ 46.00
Bikini area	€ 21.00
Armpits	€ 13.00
Arms	€ 26.00
Upper lip	€ 11.00

SOLARIUM

about 12 minutes	€ 21.00
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"Beauty is eternity gazing at itself in a mirror"

Kalil Gibran

HAIR SPA

BLOW DRY OR ROLLER SET

(including shampoo)

Short hair € 41.00

Long hair € 46.00

COLOR TREATMENT AND STYLING

Short hair € 69,00

Long hair € 74,00

WASH ONLY € 21.00

BASIC HAIRSTYLING € 16.00

CUT

Gents € 26.00

Ladies € 36.00

THERMAL HAIR LOSS TREATMENT

Ideal for weak hair with a tendency to fall out. This thermal spring water-based treatment, enriched with grape, thyme and rosemary extracts and an innovative "trichogenic complex" (ginseng-burdock-vitamin B), disinfects and stimulates the scalp. It promotes a localised increase in blood flow, combating hair loss and promoting growth.

€ 75.00

THERMAL NOURISHING TREATMENT

Natural treatment with purified thermal spring water and micronized thermal clay that generates mineral salts and trace elements. This purified thermal spring water lotion is enriched with Panthenol, Aloe Vera and Vitamins C and E, and has an ultraemollient action, moisturising the scalp and nourishing the hair, making it soft and shiny.

€ 63.00



THERMAL VOLUMIZING TREATMENT

Thermal treatment indicated for thin and brittle hair. It nourishes and moisturizes the hair, giving it body and volume and making it easier to brush. It contains Thermal Spring Water, ginseng extract, wheat and silk proteins, UVA-B filters and is anti-static.

€ 63.00

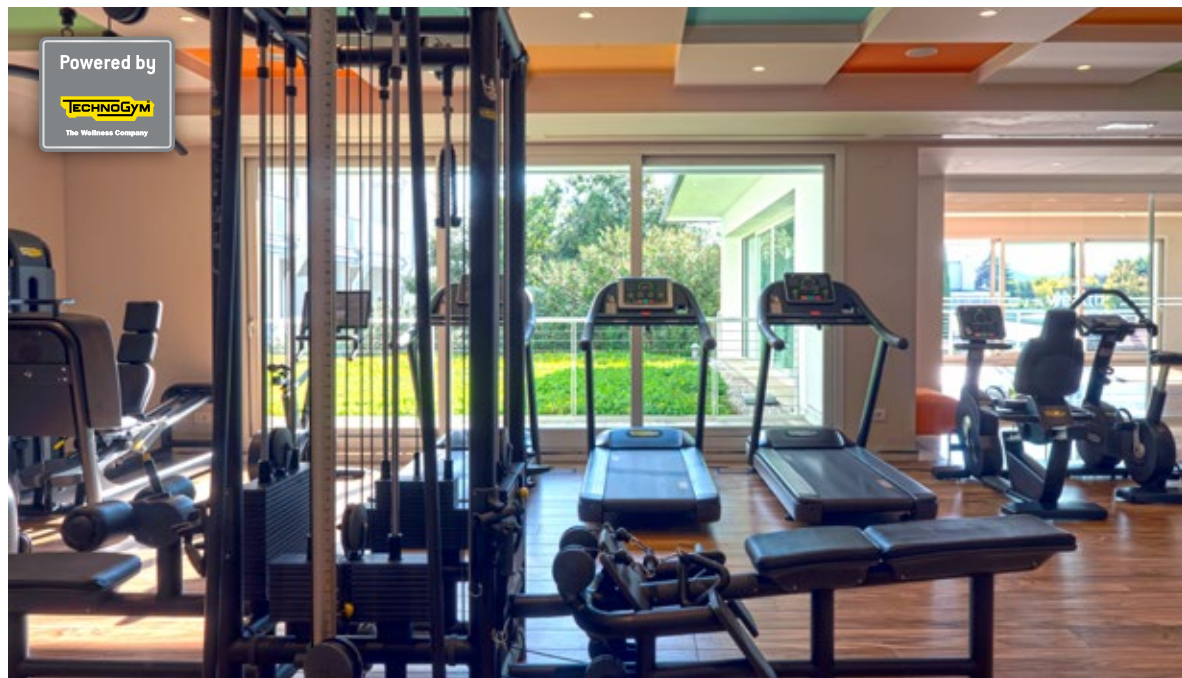
THERMAL ANTI-DANDRUFF TREATMENT

Innovative formula with thermal spring water, seaweed extract, piroctone olamine, Juniper and Scotch Pine essential oils and menthol. It removes dandruff and prevents it from forming, balances the physiological pH range and cleanses the scalp, leaving it fresh and soothed.

€ 63.00

FITNESS

Large fully equipped Technogym gym, with free admission from 07:00 to 19:30 all days. The large windows overlook the Euganean Hills.





One-of-a kind sauna center: an emotional journey through the streets of one of the most beautiful and ancient hamlets in Italy.

You will feel like taking a stroll through the medieval lanes of Arquà Petrarca as we have faithfully reproduced the little village where the great poet lived.

Open daily from 11:00 a.m. to 7:30 p.m.

THE ACCESS TO THE ARQUÀ PETRARCA SAUNA CENTER IS FREE.



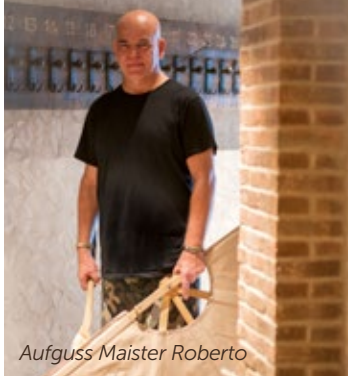
SOFT SAVVA

Something between a Finnish sauna and a Turkish bath: temperatures between 50 and 60° C and 50-60% humidity. Fresh water flows on scalding stones aromatized with natural essences. The soft sauna helps eliminate metabolic waste and excess water, tones up and provides psycho-physical well-being.



THE PINK SALT ROOM

An original environment that reproduces the effects of the sea climate: heated relaxation beds and a wall covered with the salt that is ionized and beneficially released into the room where a stove adjusts and keeps constant the intensity of heat and humidity.



Aufguss Maister Roberto



Finnish Sauna

FINNISH SAUNA

The word "sauna" comes from Finnish and was born and spread in the cold Northern countries. Typically, the sauna was located in lodges or huts built near lakes or water streams and they were made from fir trunks or birch wood which was evaporated and left rough so that the wood could keep its capacity to absorb and transude the steam.

In order to fight extreme temperatures (85-95° C- 15% humidity), the body triggered a thermal regulation process which favored intense sweating and caused the opening of skin pores from which toxins were eliminated; the muscles and blood system took advantage of it. Nowadays, the natural habit of having a sauna is fashionable again as it revitalizes the body, while having depurative toning, slimming effects; it also helps to fight stress.

Every afternoon, the sauna master proposes an **AUGUSS theme event (a steam jet): a one-of-a-kind wellbeing ritual with soft lights, music and aromatic essences.**



Steam bath



*Infrared cabin, steam bath,
Revitalizing Waterlilies*

THE SNOW CAVE

A peaceful oasis in a winter landscape: a rocky and private scenery creates a cozy environment that gives a feeling of quiet and ancestral protection to rediscover oneself and one's wellbeing. The soft and fresh snow deposited on the rocks can be collected and used to massage the body in order to decrease the body temperature after the sauna to complete the wellbeing treatment.



STEAM BATH

The presence of warm steam (45-48° C and 95% humidity) helps the regulation of the skin's pH balance as well as keeping the skin moisturized and clean. It is also recommended for improving respiratory activity. The addition of natural essences inhaled through the steam also provides a pleasant and beneficial aromatic bath. We recommend a stay of 15-20 minutes and possibly repeating this for two or three times, spacing each time with 15 minutes of relaxation.

INFRARED CABIN

The heat power is used to kill pain naturally, give wellbeing and strengthen health. The soft C-type infrared rays bring heat deeply and evenly warm up the entire body. A session in the infrared cabin works as light training for the cardiovascular system; it favors cleansing and detoxification of the body through intense sweating as well as weight loss. It strengthens the immune system and it is useful to fight contractures and lumbar pain; it also helps improve several skin diseases.



Mediterranean bath



The fireplace room

MEDITERRANEAN BATH

The Mediterranean bath recalls the concept of transmitting heat by irradiation as it occurred in the Ancient Roman Spa. It is a unique, pleasant and sensorial environment where you will be welcomed with its enveloping and amazing heat: temperatures are between 45 and 50° C and the humidity is between 55% to 65%. It favors the elimination of metabolic waste and excess water, rebalances sleep patterns, tightens the skin and, with a prolonged stay favored by controlled temperatures, causes the elimination of fat accumulations while provides psycho-physical well-being.

REVITALIZING WATERLILIES

The "Warm Waterlily" or "Tropical shower" starts with a water massage from some side jets; then the rain falls together with the natural essence of maracuja while orange lighting provides a tropical sensation. The "Cold Waterlily" includes a water massage from the side jets, a cool mist with a refreshing mint essence and cool blue lighting.



The farmers room



Tea room

GOLF: A NOBLE SPORT

The Hotel Tritone has special agreements with a number of Golf Clubs in the surrounding area for the "green fees".



GOLF CLUB PADOVA in Valsanzibio

14 km away. A 27-hole golf course where some of the most sought out plant species can be found.



**GOLF CLUB
FRASSANELLE**

GOLF CLUB FRASSANELLE

10 km away. Immersed in the estate of the Counts Papafava dei Carraresi, it includes 18 holes inserted in a fairy tale park designed by Jappelli. One of the most beautiful European holes is located here.



GOLF CLUB DELLA MONTECCHIA

8 km away. The ex-estate of the Emo Capodilista Earls, including the 13th century castle and the Varotaris' Venetian Villa dating back to the 16th century. Open all year round. The 27-hole golf course covers a plain area that can engage both the amateur golfer and the professional player.





Designed  for Adults

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